



# *Golf Performance & Injury Prevention Symposium*

- Understand the Stresses occurring throughout the body during the entire golf swing.
- Discuss Common Musculoskeletal Injuries related to golf and Strategies to help prevent golf injuries.
- Present a detailed golf specific Flexibility, Strength and Conditioning Program.
- Demonstrate effective Exercises to prepare for the upcoming golf season.



Bobby Jones - 1907

**WHEN:** MARCH 18, 2010  
THURSDAY, 6 - 8 PM

**WHERE:** SOS Physical Therapy  
1130 N Church Street  
Greensboro, NC 27410

**REGISTRATION:**

**E-MAIL:**

pt1130nchurch@sosbonedocs.com

**PHONE:**

336.375.2301



Grand Slam Champion - 1930

## ***FREE ADMISSION    REFRESHMENTS PROVIDED***

**Open to golfers of all ages and talent levels and medical professionals who treat golfers.**

*2.0 CEU'S AWARDED WITH NATA BOC CERTIFICATION NUMBER*

